

# Could I be eligible?

[< Back to Step 2](#) | [Next topic >](#)

To become a participant of the NDIS you need to meet what are called the 'access requirements'. If you are living with a mental health condition one of those requirements is to have a very high level of [psychosocial disability](#) related to your mental health condition.

If you have a psychosocial disability you still may not be eligible for NDIS funded supports especially if there is little effect on your day-to-day functioning or if the evidence you submit with your application does not suggest a major impact.

The National Disability Insurance Agency has an [NDIS Access Checklist](#) that is useful for thinking about whether you meet the access requirements. However, the only way to find out if you are eligible to access NDIS funded supports is to complete an [Access Request Form](#) and [provide supporting evidence](#).

[< Back to Step 2](#) | [Next topic >](#)