

## Who to contact for help

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For information on the NDIS you can contact the National Disability Insurance Agency in many different ways.

### Call

On 1800 800 110; 8am to 11pm local times, Monday to Friday

### Online using an online contact form

[www.ndis.gov.au](http://www.ndis.gov.au)

### Visit a customer service centre

There are many locations around Australia. Centres are open Monday to Friday from 9am to 5pm. Find your [local office on the NDIS website](#).

### Mail

National Disability Insurance Agency  
GPO Box 700  
Canberra ACT 2601

### Connect via Social Media

- Follow them on [Twitter](#)
- Like them on [Facebook](#)
- Follow them on [LinkedIn](#)
- Watch them on [YouTube](#)

### If you need assistance you can access

- A free-of-charge translator, interpreter or other assistance: phone 1800 800 110
- Text telephone : phone 1800 555 677 then ask for 1800 800 110
- Speak and Listen : phone 1800 555 727 then ask for 1800 800 110
- If you are an internet relay user, visit the [National Relay Service website](#) and ask for 1800 800 110

For more details on how to contact the National Disability Insurance Agency check out the information on their website [www.ndis.gov.au](http://www.ndis.gov.au)

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