



LGBTIQ+ Communities Hub

Welcome

Thank you for visiting this hub. These resources were co-designed by people from within LGBTIQ+ communities, with lived experience of mental health concerns, their carers and chosen supports.

The resources on this hub give personal stories and experiences as well as advice on engaging with the NDIS. We hope you find this hub a safe and supporting space. However, if you do find any of the content triggering for you, please discuss this with a trusted support person or contact one of the support options in this link: <https://www.beyondblue.org.au/get-support/national-help-lines-and-websites>



Our stories

The following stories are real experiences of mental health and the NDIS – shared to support you with your journey of accessing the NDIS.

Annaliese's Story

You can find the transcript for this video here: [Transcript - Annaliese Story](#)

With an NDIS plan, Annaliese has been supported to pursue her dreams as a writer and comedian:
<https://www.wheelercentre.com/people/annaliese-constable>

Asha's Story

You can find the transcript for this video here: [Transcript - Asha Story](#)

IC's Story

You can find the transcript for this video here: [Transcript - IC Story](#)

Sue's Story

You can find the transcript for this video here: [Transcript - Sue Story](#)

Resources to support you

You may find the following resources helpful on your NDIS journey. They were co-designed by and for people from within LGBTIQ+ communities.

Learning Activities

This module shares stories of people from within LGBTIQ+ communities, that may be useful for understanding the NDIS, and the supports available:

[Stories from within LGBTIQ+ communities](#)

This module covers important information to support people from within LGBTIQ+ communities with their NDIS service delivery:

[Support with NDIS service delivery](#)

Printable resources

If you would like to order printed versions of any of these resources, please contact us via reimagine@mhcc.org.au

[Script for participants](#)
[About Me - Template A](#)
[About Me - Template B](#)

Useful links

[ACON: We're with you: Looking out for our mental health](#)
[TransHub](#)
[LGBTIQ+ resources](#)
[Beyond Blue: national helplines and websites](#)

