

reimagine today

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reimagine today is a free, confidential, 24-hour helpline for people experiencing mental health issues. It's a safe space to talk to a trained professional who can help you understand your feelings and options.

reimagine today is available in English, Spanish, and Vietnamese. It's a free service, and there's no need to pay for it.

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- [reimagine today Lifeline](#) 13 11 14
- [reimagine today Suicide Call Back Service](#) 1300 659 467
 - [reimagine today Kids Helpline](#) 1800 55 1800
- [reimagine today MensLine Australia](#) 1300 78 99 78

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no results