

2023-2024 ACT Health Mental Health Services - Mental Health Triage

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ACT

ACT Health Mental Health Services - Mental Health Triage Ph: 1800 629 354 (24/7) **Ph: (02) 62051065:**
<http://health.act.gov.au/our-services/mental-health/act-wide-mental-health-services>

ACT Mental Health Consumer Network: <http://www.actmhcncn.org.au>

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Mental Health Carers Voice: <http://www.carersvoice.com.au>

Carers Voice is a national peak body for carers of people with mental health issues. It provides a national network of carers' groups and offers support, information and advocacy services to carers across Australia.

Mental Health Community Coalition of ACT: <http://www.mhccact.org.au/about>

The ACT Mental Health Community Coalition (MHCC) was established in 2004 as a partnership between the ACT Government, mental health service providers and carers. The MHCC provides a forum for carers to discuss their views on mental health services and to work with service providers to improve the quality of care. The MHCC also provides support and information to carers and advocates for their needs.

NSW

NSW Ministry of Health (Mental Health Branch) Mental Health Line Ph. 1800 011 511

<http://www.health.nsw.gov.au/mentalhealth/Pages/contact-service.aspx>

Way Ahead Mental Health Association NSW: <https://wayahead.org.au>

Way Ahead is a national peak body for people with mental health issues. It provides a national network of mental health associations and offers support, information and advocacy services to people with mental health issues across Australia.

Being: <http://being.org.au>

Being is a national peak body for people with mental health issues. It provides a national network of mental health associations and offers support, information and advocacy services to people with mental health issues across Australia.

Mental Health Carers NSW: <https://www.mentalhealthcarersnsw.org>

Mental Health Carers NSW is a peak body for carers of people with mental health issues in NSW. It provides a network of carers' groups and offers support, information and advocacy services to carers across NSW.

Mental Health Coordinating Council: <http://www.mhcc.org.au>

The Mental Health Coordinating Council (MHCC) is a national peak body for people with mental health issues. It provides a national network of mental health associations and offers support, information and advocacy services to people with mental health issues across Australia.

NT

Northern Territory Mental Health Line (Mental Health Access Team) Ph. 1800 682 288

<https://nt.gov.au/wellbeing/mental-health/24-hour-mental-health-hotlines>

Carers NT: <https://carersnt.asn.au>

Carers NT is a peak body for carers of people with mental health issues in the Northern Territory. It provides a network of carers' groups and offers support, information and advocacy services to carers across the Northern Territory.

Northern Territory Mental Health Coalition: <https://www.ntmhc.org.au>



Flourish Mental Health Action In Our Hands: <http://flourishtas.org.au>

Flourish Mental Health Action In Our Hands is a national initiative that aims to improve the lives of people with mental health issues. It provides a range of support services, including information, advice, and referrals to specialist services. For more information, visit <http://flourishtas.org.au>.

Mental Health Carers Tasmania: <http://www.mentalhealthcarerstas.org.au/>

Mental Health Carers Tasmania provides support and training for carers of people with mental health issues. For more information, visit <http://www.mentalhealthcarerstas.org.au/>.

Mental Health Council of Tasmania: <https://www.mhct.org>

The Mental Health Council of Tasmania provides information and support for people with mental health issues and their carers. For more information, visit <https://www.mhct.org>.

VIC

Health Victoria Mental Health Services General Enquiries: 1300 767 299 (9.00 am to 5.00 pm) or 03 9096 8287

<http://www.health.vic.gov.au/mentalhealthservices/>

Victorian Mental Illness Awareness Council (VMIAC): <http://www.vmiac.org.au>

VMIAC provides information and support for people with mental health issues and their carers. For more information, visit <http://www.vmiac.org.au>.

Tandem (formerly Victorian Mental Health Carers Network): <http://tandemcarers.org.au>

Tandem provides support and training for carers of people with mental health issues. For more information, visit <http://tandemcarers.org.au>.

Psychiatric Disability Services of Victoria (VICSERV): <http://www.vicserv.org.au/>

Psychiatric Disability Services of Victoria provides support and training for carers of people with mental health issues. For more information, visit <http://www.vicserv.org.au/>.

WA

WA Department of Health mental health emergency 24/7 Ph. 1300 555 788 or 1800 522 002 (toll free)

Consumers of Mental Health WA: <http://www.comhwa.org.au>

Consumers of Mental Health WA provides information and support for people with mental health issues and their carers. For more information, visit <http://www.comhwa.org.au>.

Helping Minds: <http://helpingminds.org.au>

Helping Minds provides information and support for people with mental health issues and their carers. For more information, visit <http://helpingminds.org.au>.

