

UNIT 1: Introduction to NDIS

Unit 1: Introduction to NDIS - 5 Weeks

This unit is designed to provide you with a comprehensive understanding of the NDIS system, including the role of the NDIS, the types of services and supports available, and how to access the NDIS. It is a foundational unit that will help you navigate the NDIS system and make informed decisions about your support needs.

By the end of this unit, you will be able to:

LEARNING ACTIVITY

[Decision making: skills for your NDIS Journey](#)

This activity is designed to help you develop the skills you need to make informed decisions about your NDIS journey. It includes a series of questions and exercises that will help you think through the various options available to you and the potential impacts of each option.

The first part of the activity asks you to think about your own experiences with decision making. This is a chance for you to reflect on the challenges you have faced and the strategies you have used to overcome them. This reflection will help you identify your own strengths and weaknesses and develop a plan for how to improve your decision making skills.

The second part of the activity asks you to think about the NDIS system and the various services and supports available. This is a chance for you to learn more about the NDIS and the types of services and supports that are available to you. This information will help you make informed decisions about the types of services and supports that you need and how to access them.

The final part of the activity asks you to think about the future and the types of services and supports that you will need in the future. This is a chance for you to think about your long-term goals and the types of services and supports that will help you achieve them. This information will help you make informed decisions about the types of services and supports that you need and how to access them.

By the end of this activity, you will have a better understanding of the NDIS system and the types of services and supports available. You will also have developed the skills you need to make informed decisions about your NDIS journey. This information will help you navigate the NDIS system and make informed decisions about your support needs.

By the end of this unit, you will be able to:

[Decision-Making-Tool](#)

This tool is designed to help you make informed decisions about your NDIS journey. It includes a series of questions and exercises that will help you think through the various options available to you and the potential impacts of each option.

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- It includes a series of questions and exercises that will help you think through the various options available to you and the potential impacts of each option.
- The first part of the tool asks you to think about your own experiences with decision making.
- The second part of the tool asks you to think about the NDIS system and the various services and supports available.
- The final part of the tool asks you to think about the future and the types of services and supports that you will need in the future.

no results