

RECOVERY AND REPAIR PROGRAMS

RECOVERY AND REPAIR PROGRAMS - 3 RECOVERY AND REPAIR PROGRAMS

The Recovery and Repair Programs are designed to support people with mental health issues to recover and repair their lives. These programs provide a range of services, including counseling, support groups, and community activities, to help people build resilience and improve their overall well-being.

There are three Recovery and Repair Programs available:

- **National** Recovery and Repair Program: This program is available nationwide and provides a range of services to help people recover and repair their lives. For more information, visit the [Disability Insurance Agency's list of NDIS registered providers](#) (NDIS [Registered Providers](#) [List](#)).
- **Mental Health Gateway** (Mental Health Gateway): This program provides a range of services to help people with mental health issues to recover and repair their lives. For more information, visit the [Mental Health Gateway](#) website.
- **Head to Health** (Head to Health): This program provides a range of services to help people with mental health issues to recover and repair their lives. For more information, visit the [Head to Health](#) website.

'RECOVERY AND REPAIR PROGRAMS' PROGRAMS

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ACT

ACT Health Mental Health Services - Mental Health Triage Ph: 1800 629 354 (24/7 24-hour service for people with mental health issues) **Ph: (02) 6205 1065 :**
<http://health.act.gov.au/our-services/mental-health/act-wide-mental-health-services>

ACT Mental Health Consumer Network: <http://www.actmhc.org.au>

The ACT Mental Health Consumer Network (ACT MHCN) is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies. ACT MHCN is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies.

Mental Health Carers Voice: <http://www.carersvoice.com.au>

Mental Health Carers Voice (MHCV) is a national peak body for mental health carers. It provides a national voice for mental health carers and works to ensure that their views are taken into account in the development of mental health services and policies. MHCV is a national peak body for mental health carers. It provides a national voice for mental health carers and works to ensure that their views are taken into account in the development of mental health services and policies.

Mental Health Community Coalition of ACT: <http://www.mhccact.org.au/about>

The Mental Health Community Coalition of the ACT (MHCC ACT) is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies. MHCC ACT is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies.

NSW

NSW Ministry of Health (Mental Health Branch) Mental Health Line Ph. 1800 011 511

<http://www.health.nsw.gov.au/mentalhealth/Pages/contact-service.aspx>

Way Ahead Mental Health Association NSW: <https://wayahead.org.au>

Way Ahead is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies. Way Ahead is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies.

Being: <http://being.org.au>

Being is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies. Being is a national peak body for people with lived experience of mental illness. It provides a national voice for people with lived experience of mental illness and works to ensure that their views are taken into account in the development of mental health services and policies.

Mental Health Carers NSW: <https://www.mentalhealthcarersnsw.org>

Mental Health Carers NSW (MHCNSW) is a national peak body for mental health carers. It provides a national voice for mental health carers and works to ensure that their views are taken into account in the development of mental health services and policies. MHCNSW is a national peak body for mental health carers. It provides a national voice for mental health carers and works to ensure that their views are taken into account in the development of mental health services and policies.



Mental Health Coordinating Council: <http://www.mhcc.org.au>

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NT

Northern Territory Mental Health Line (Mental Health Access Team) Ph. 1800 682 288: <https://nt.gov.au/wellbeing/mental-health/24-hour-mental-health-hotlines>

Carers NT: <https://carersnt.asn.au>

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Northern Territory Mental Health Coalition: <https://www.ntmhc.org.au>

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QLD

Queensland Health Ph. 13 HEALTH (13 43 25 84) : <https://www.qld.gov.au/health/mental-health/help-lines/services/index.html>

Mental Health Carers Arafmi QLD: <http://arafmi.com.au>

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Queensland Alliance for Mental Health: <http://qldalliance.org.au>

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SA

SA Health Mental Health Triage Service / Assessment and Crisis Intervention Service, Ph. 13 14 65

<http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+services/mental+health+services/acute+mental+health+services>

Health Consumers Alliance of South Australia: <http://www.hcasa.asn.au>



Carers SA is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. Carers SA is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

Carers South Australia: <http://carers-sa.asn.au>

Carers SA is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. Carers SA is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

Mental Health Coalition of South Australia: <http://www.mhcsa.org.au>

The Mental Health Coalition of South Australia is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. The Mental Health Coalition of South Australia is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

TAS

Department of Health and Human Services - Statewide Mental Health Services Ph. 1300 135 513: http://www.dhhs.tas.gov.au/mentalhealth/mhs_tas

Flourish Mental Health Action In Our Hands: <http://flourishtas.org.au>

Flourish is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. Flourish is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

Mental Health Carers Tasmania: <https://mhfamilyfriendstas.org.au>

Mental Health Carers Tasmania (MHCTas) is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. Mental Health Carers Tasmania (MHCTas) is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

Mental Health Council of Tasmania: <https://www.mhct.org>

The Mental Health Council of Tasmania (MHCT) is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. The Mental Health Council of Tasmania (MHCT) is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

VIC

Health Victoria Mental Health Services General Enquiries: 1300 767 299 (9.00 am to 5.00 pm) or 03 9096 8287: <http://www.health.vic.gov.au/mentalhealthservices>

Victorian Mental Illness Awareness Council (VMIAC): <http://www.vmiac.org.au>

VMIAC is a national not-for-profit organisation that provides support and information to carers of people with mental health issues. VMIAC is a national not-for-profit organisation that provides support and information to carers of people with mental health issues.

Tandem (formerly Victorian Mental Health Carers Network): <http://tandemcarers.org.au>



Tandem provides information and support for people with mental health issues. For more information, visit www.tandem.org.au.

Psychiatric Disability Services of Victoria (VICSERV): <http://www.vicserv.org.au>

VICSERV provides information and support for people with mental health issues. For more information, visit www.vicserv.org.au.

WA

WA Department of Health mental health emergency 24/7 Ph. 1300 555 788 or 1800 522 002 (toll free)

Consumers of Mental Health WA: <http://www.comhwa.org.au>

Consumers of Mental Health WA provides information and support for people with mental health issues. For more information, visit www.comhwa.org.au.

Helping Minds: <http://helpingminds.org.au>

Helping Minds provides information and support for people with mental health issues. For more information, visit <http://helpingminds.org.au>.

Western Australian Association for Mental Health: <https://waamh.org.au>

The Western Australian Association for Mental Health (WAAMH) provides information and support for people with mental health issues. For more information, visit <https://waamh.org.au>.

Other Organizations

Children and Young People with a Disability Australia: - <http://www.cyda.org.au>

Young Carers: <http://www.youngcarers.net.au> - <http://www.copmi.net.au> - **COPMI:** <http://www.copmi.net.au> - **Aged and Disability Advocates Australia:** - <https://adaaustralia.com.au>

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Other Organizations

First People's Disability Network Australia: <http://fpdn.org.au>

National Ethnic Disability Alliance Australia: <http://www.neda.org.au>

LGBTIQ+) - <http://www.lgbtq.org.au>

