



ACT

ACT Health Mental Health Services - Mental Health Triage Ph: 1800 629 354 (24 小時服務熱線) (星期一至五 上午九時至晚上七時 星期六 上午九時至晚上五時 星期日 上午九時至晚上四時) **Ph: (02) 6205 1065 :**
<http://health.act.gov.au/our-services/mental-health/act-wide-mental-health-services>

ACT Mental Health Consumer Network: <http://www.actmhc.org.au>

此網絡由 ACT (ACT Mental Health Consumer Network) 提供，旨在協助 ACT 居民尋求及獲得心理健康服務。該網絡由心理健康服務使用者組成，旨在協助其他心理健康服務使用者。該網絡提供有關心理健康服務的最新資訊，並協助心理健康服務使用者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務使用者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務使用者獲得所需的服務。

Mental Health Carers Voice: <http://www.carersvoice.com.au>

此網絡由 Mental Health Carers Voice 提供，旨在協助心理健康服務提供者。該網絡由心理健康服務提供者組成，旨在協助其他心理健康服務提供者。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。

Mental Health Community Coalition of ACT: <http://www.mhccact.org.au/about>

此網絡由 Mental Health Community Coalition of the ACT (MHCC ACT) 提供，旨在協助心理健康服務提供者。該網絡由心理健康服務提供者組成，旨在協助其他心理健康服務提供者。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。

NSW

NSW Ministry of Health (Mental Health Branch) Mental Health Line Ph. 1800 011 511

<http://www.health.nsw.gov.au/mentalhealth/Pages/contact-service.aspx>

Way Ahead Mental Health Association NSW: <https://wayahead.org.au>

此網絡由 Way Ahead 提供，旨在協助心理健康服務提供者。該網絡由心理健康服務提供者組成，旨在協助其他心理健康服務提供者。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。

Being: <http://being.org.au>

此網絡由 Being 提供，旨在協助心理健康服務提供者。該網絡由心理健康服務提供者組成，旨在協助其他心理健康服務提供者。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。

Mental Health Carers NSW: <https://www.mentalhealthcarersnsw.org>

此網絡由 NSW (Mental Health Carers NSW) 提供，旨在協助心理健康服務提供者。該網絡由心理健康服務提供者組成，旨在協助其他心理健康服務提供者。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。該網絡提供有關心理健康服務的資訊，並協助心理健康服務提供者獲得所需的服務。



Mental Health Coordinating Council: <http://www.mhcc.org.au>

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NT

Northern Territory Mental Health Line (Mental Health Access Team) Ph. 1800 682 288: <https://nt.gov.au/wellbeing/mental-health/24-hour-mental-health-hotlines>

Carers NT: <https://carersnt.asn.au>

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Northern Territory Mental Health Coalition: <https://www.ntmhc.org.au>

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QLD

Queensland Health Ph. 13 HEALTH (13 43 25 84) : 〇〇〇〇〇〇〇 〇〇〇〇〇〇〇 〇〇〇〇〇〇 〇〇〇〇〇 〇〇〇〇〇〇〇〇〇〇:
<https://www.qld.gov.au/health/mental-health/help-lines/services/index.html>

Mental Health Carers Arafmi QLD: <http://arafmi.com.au>

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Queensland Alliance for Mental Health: <http://qldalliance.org.au>

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SA

SA Health Mental Health Triage Service / Assessment and Crisis Intervention Service, Ph. 13 14 65

<http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+services/mental+health+services/acute+mental+health+services>

Health Consumers Alliance of South Australia: <http://www.hcasa.asn.au>



Carers South Australia provides support and information to carers of people with mental health issues. Carers South Australia is a not-for-profit organisation established in 1988. Carers South Australia provides support and information to carers of people with mental health issues.

Carers South Australia: <http://carers-sa.asn.au>

Carers SA provides support and information to carers of people with mental health issues. Carers SA is a not-for-profit organisation established in 1988. Carers SA provides support and information to carers of people with mental health issues.

Mental Health Coalition of South Australia: <http://www.mhcsa.org.au>

The Mental Health Coalition of South Australia provides support and information to carers of people with mental health issues. The Mental Health Coalition of South Australia is a not-for-profit organisation established in 1988. The Mental Health Coalition of South Australia provides support and information to carers of people with mental health issues.

TAS

Department of Health and Human Services - Statewide Mental Health Services Ph. 1300 135 513: http://www.dhhs.tas.gov.au/mentalhealth/mhs_tas

Flourish Mental Health Action In Our Hands: <http://flourishtas.org.au>

Flourish is a not-for-profit organisation established in 2008. Flourish provides support and information to carers of people with mental health issues. Flourish is a not-for-profit organisation established in 2008. Flourish provides support and information to carers of people with mental health issues.

Mental Health Carers Tasmania: <https://mhfamiliesfriendstas.org.au>

Mental Health Carers Tasmania (MHCTas) provides support and information to carers of people with mental health issues. Mental Health Carers Tasmania (MHCTas) is a not-for-profit organisation established in 2008. Mental Health Carers Tasmania (MHCTas) provides support and information to carers of people with mental health issues.

Mental Health Council of Tasmania: <https://www.mhct.org>

The Mental Health Council of Tasmania (MHCT) provides support and information to carers of people with mental health issues. The Mental Health Council of Tasmania (MHCT) is a not-for-profit organisation established in 2008. The Mental Health Council of Tasmania (MHCT) provides support and information to carers of people with mental health issues.

VIC

Health Victoria Mental Health Services General Enquiries: 1300 767 299 (9.00 am to 5.00 pm) or 03 9096 8287: <http://www.health.vic.gov.au/mentalhealthservices>

Victorian Mental Illness Awareness Council (VMIAC): <http://www.vmiac.org.au>

VMIAC provides support and information to carers of people with mental health issues. VMIAC is a not-for-profit organisation established in 1988. VMIAC provides support and information to carers of people with mental health issues.

Tandem (formerly Victorian Mental Health Carers Network): <http://tandemcarers.org.au>



Tandem provides information and support for people with mental health issues and their families. For more information, visit www.tandem.org.au.

Psychiatric Disability Services of Victoria (VICSERV): <http://www.vicserv.org.au>

VICSERV provides information and support for people with mental health issues and their families. For more information, visit www.vicserv.org.au.

WA

WA Department of Health mental health emergency 24/7 Ph. 1300 555 788 or 1800 522 002 (toll free)

Consumers of Mental Health WA: <http://www.comhwa.org.au>

Consumers of Mental Health WA provides information and support for people with mental health issues and their families. For more information, visit www.comhwa.org.au.

Helping Minds: <http://helpingminds.org.au>

Helping Minds provides information and support for people with mental health issues and their families. For more information, visit <http://helpingminds.org.au>.

Western Australian Association for Mental Health: <https://waamh.org.au>

The Western Australian Association for Mental Health (WAAMH) provides information and support for people with mental health issues and their families. For more information, visit <https://waamh.org.au>.

For more information, visit www.reimagine.org.au

Children and Young People with a Disability Australia: - <http://www.cyda.org.au>

Young Carers: <http://www.youngcarers.net.au> - <http://www.copmi.net.au> - **COPMI:** <http://www.copmi.net.au> - **Aged and Disability Advocates Australia:** - <https://adaaustralia.com.au>

Aged and Disability Advocates Australia: - <https://adaaustralia.com.au>

For more information, visit www.reimagine.org.au

First People's Disability Network Australia: <http://fpdn.org.au>

National Ethnic Disability Alliance Australia: <http://www.neda.org.au>

LGBTIQ+) - www.reimagine.org.au

