



LGBTIQ +

Welcome!

Thank you for visiting this hub. These resources were co-designed by people from within LGBTIQ+ communities, with lived experience of mental health concerns, their carers and chosen supports.

The resources on this hub give personal stories and experiences as well as advice on engaging with the NDIS. We hope you find this hub a safe and supporting space. However, if you do find any of the content triggering for you, please discuss this with a trusted supported person or contact one of the support options in this link: <https://www.beyondblue.org.au/get-support/national-help-lines-and-websites>



Our stories

Annaliese's Story

With an NDIS plan, Annaliese has been supported to pursue her dreams as a writer and comedian:

<https://www.wheelercentre.com/people/annaliese-constable>

Asha's Story

IC's Story

Sue's Story

Resources to support you

You may find the following resources helpful on your NDIS journey. They were co-designed by and for people from within LGBTIQ+ communities.

Learning Activities

This module share stories of people from within LGBTIQ+ communities, that may be useful for understanding the NDIS, and the supports available:

http://mhcc.learningcart.com/uploads/Reimagine/LGBTIQ-stories-v1/story_html5.html

This module covers important information to support people from within LGBTIQ+ communities with their NDIS service delivery:

http://mhcc.learningcart.com/uploads/Reimagine/LGBTIQ-support-v1/story_html5.html

Printable resources

- [Script for participants](#)
- [About Me - Template A](#)
- [About Me - Template B](#)

Other useful links

- [LGBTIQ+ Support Resources](#)
- <https://www.beyondblue.org.au/get-support/national-help-lines-and-websites>



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