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# What difference can the NDIS make for you?

## Step 2 - What difference can the NDIS make for you?

Check out this video to hear from NDIS participants and carers about the difference an NDIS package made to their lives.

The transcript of the video is here: [Transcript-Difference](#)

People with psychosocial disability have the same rights as any other Australians to decide what is best for them and to have choice and control over their lives. The United Nations Convention on the Rights of People with Disabilities describes these rights. One purpose of the NDIS is to help support people with these rights.

The NDIS can support you to live a meaningful and contributing life by:

1. **Aiding you** to have choice and control in pursuit of your goals
2. **Supporting your providers** to better respond to your needs
3. **Providing choice** of support options and providers to meet your support needs
4. **Supporting recovery** with recovery coaches and other supports available to eligible participants
5. **Linking you** with the information, referrals and supports you need
6. **Raising community awareness** and encouraging inclusion.

### Useful links

[United Nations Convention on the Rights of People with Disabilities](#)

[World Network of Users and Survivors of Psychiatry, Implications of the UNCRPD](#)

[Psychosocial Recovery Coaches - Information booklet](#)