Evidence of psychosocial disability

The law that governs the NDIS does not require people to have a diagnosis! If a person does have a diagnosis this can be helpful information to establish impairment and disability.

If you apply for the NDIS you will be asked to provide information that shows you have impairments that are likely to result in permanent disability. The National Disability Insurance Agency requires this to be documented by a health professional.

This will include information about your disability. The evidence you will need includes:

1. **Information about your disability type** – documented by a health professional
2. **An assessment of the functional impact** – for the purposes of understanding the extent of functional impact and psychosocial disability it can be helpful for an allied health professional to provide a functional assessment.
3. **Information about the levels of support** – an explanation of the supports needed, how often and for how long.

This will be explained in more detail in Step 3 and Step 4.

**Useful links**

More information about completing the access request process can be found in [Step 3](#).

More information about gathering evidence for an application can be found in [Step 4](#).