

Yarning about your NDIS plan...

YOU HAVE AN NDIS PLAN, WHO CAN HELP?

Help can be provided by your Support Coordinator or your Local Area Coordinator (LAC). They will help put your plan into action.

YOUR SUPPORT COORDINATOR OR LOCAL AREA COORDINATOR WILL HELP YOU

- Understand your plan
- Choose and connect with service providers
- Explore and link with community
- Talk about your supports, your needs and goals.

IF THINGS IN YOUR LIFE CHANGE, WHAT HAPPENS?

- Talk to your Support Coordinator or your Local Area Coordinator and your plan can be reviewed and changed to meet your needs.

WHAT HAPPENS IF I CAN'T FIND THE SERVICES I NEED?

- Speak to your Support Coordinator or your Local Area Coordinator and they will help.

If you are still unsure, you can ring:
NDIS Contact Centre
1800 800 110

If you require a translator:
1800 800 110

**Aboriginal Interpreter Service for NT
and the APY Lands:**
08 8999 8353

If you have a Text telephone (TTY):
1800 800 110
then ask for 1800 555 727

**If you are an internet relay user visit
the National Relay Service website:**
www.relayservice.gov.au
1800 800 110



Designed by Aboriginal people living with mental health concerns and their supporters, along with the <http://reimagine.today/> team.
Produced by MHCC, with funding from the NDIA.